**NC500 Suggested Packing List**

**35 litre Holdall or rucksack (try not to bring a suitcase if possible)**

* Change of clothes for 4 days, t-shirts, underwear and socks (you can wear trousers more than once but bring a spare pair just incase)
* Towel and wash kit, maybe a swim suit or cozzie
* Warm jacket for evening
* Comfy clothes to change into for camp (you can wear this stuff more than once, nobody is judging you)
* Pj’s or sleeping wear
* Comfy shoes for camp ie flipflops/trainers etc
* Small luxuries
* Waterproofs
* Hat and gloves
* Sunglasses

**Stuff to avoid**

* Hairdryers, straighteners, massive make up bags, bulky items such as pillows for your bed, 14 pairs of shoes, irons (seriously it has happened), if you are struggling with the weight you have overpacked.