**Arran Coastal Way**

**Breakdown**

Enjoy it, don’t rush it. The ACW is designed for you to enjoy the island. Note we expect you to stop and take photos, enjoy lunch somewhere nice, buy coffee and cakes etc, walking times are a guide, do not try to rush the walk to make our times, parts of the route can be slippery and sore if you fall so take care, we will be there when you get in.

**Stages:**

**Day 1: Brodick to Sannox (10 miles)**

06:00 - Pick up and move to Ardrossan Ferry.

11:00 - Issue any kit and quick brief.

11:15 - Set off.

17:30 – 18:00 Arrive Sannox (Wild camp)

19:00 - Dinner (flexible)

**Day 2: Day 2: Sannox to Sailors Grave (via Lochranza) (11 miles)**

08:00 - Breakfast/Issue pack lunches

09:00 - Set off.

16:00 – 17:00 Arrive Sailors Grave. (Wild camp)

19:00 - Dinner (flexible)

**Day 3: Day 3: Sailors Grave to Torr Righ Beag Carpark (15 miles)**

08:00 - Breakfast/Issue pack lunches

09:00 - Set off.

16:00 – 17:00 Arrive Torr Righ Beag Carpark (transport to camp)

19:00 - Dinner (flexible)

**Day 4: Day 4: Torr Righ Beag – Easmor (14 miles)**

08:00 - Breakfast/Issue pack lunches

09:00 - Set off.

16:00 - 17:00 - Arrive Easmor (transport will be waiting to ferry you to campsite)

19:00 - Dinner (flexible)

**Day 5: Easmor – Cordon (10 miles)**

08:30 - Breakfast/Issue pack lunches

09:30 - Set off.

15:30 – 16:30 Arrive Cordon (transport will be waiting to ferry you to campsite)

19:00 - Dinner (flexible.)

**Day 6: Cordon – Brodick (7.5 miles)**

08:00 - Breakfast/Issue pack lunches

09:00 - Set off.

15:00 – 16:00 Arrive Brodick (Ferry home)

Notes:

* All distances are approximate, overall walking distance is 67.6 miles.
* Timings for each day take hills into account.