**West Highland Way Experience**

**Breakdown**

Enjoy it, don’t rush it. Note we expect you to stop and take photos, enjoy lunch somewhere nice, buy coffee and cakes etc, walking times are a guide, do not try to rush the walk to make our times, parts of the route can be slippery and sore if you fall so take care, we will be there when you get in.

**Stages:**

**Day 1: Milngavie to Drymen (11.5 miles, 5/6hrs)**

08:00 - Pick up and move to Milngavie (start point).

10:00 - Issue any kit, lunch voucher, route cards and maps/compass etc.

10:30 - Set off.

17:00 - Arrive Drymen Campsite (Showers and toilets on site)

18:30 - Dinner (flexible)

**Day 2: Drymen to Rowardennan (14.75 miles, 6/7hrs)**

07:30 - Breakfast/Issue pack lunches

09:00 - Set off.

16:30 - Arrive Rowardennan, van will be at Ben Lomond car park to ferry you back to Drymen campsite. (Showers and toilets on site)

18:30 - Dinner (flexible)

**Day 3: Rowardennan to Beinglas Farm (14.5 miles, 7/8hrs)**

07:00 - Breakfast/Issue pack lunches

08:30 - Transport to Rowardennan

09:00 - Set off.

18:00 - Arrive Beinglas Farm (Showers and toilets on site)

19:30 - Dinner (flexible)

**Day 4: Beinglas Farm to Inveroran (20.5 miles, 9/10hrs)**

07:00 - Breakfast/Issue pack lunches

08:00 - Set off.

18:00 - Arrive Wild Campsite

19:00 - Dinner (flexible)

**Day 5: Inveroran to Kinlochleven (19 miles/31km, 8/9hrs)**

07:30 - Breakfast/Issue pack lunches

08:30 - Set off.

18:00 - Arrive Kinlochleven (Tailrace pick up point, van will meet you and shuttle you to the Red Squirrel Campsite). (Showers and toilets on site)

19:00 - Dinner (flexible)

**Day 6: Kinlochleven to Fort William (15.75 miles 6/7hrs)**

07:00 - Breakfast/Issue pack lunches

08:00 - Transport to Kinlochleven

08:30 - Set off.

16:00 - Arrive Fort William, kiss the old guy (no, not us) and pose for photos.

16:15 - Depart (approx.)

Notes:

* All distances are approximate, overall walking distance is 96 miles.
* Timings for each day take hills into account.